Utah Valley Trauma Sensitivity Initiative

Additional Resources

Teachers and Parents!

*Take some time this summer to read about how to help challenging kids.*

Check out the *cookbook* on community resilience, and how areas across the U.S are combating the effects of trauma.

*Don’t forget that everyday activities can be enhanced* to make a difference in your child’s development! (age 0-5)

Video

*See what a victim of childhood trauma thinks of this Initiative*

Did you know?

Traditional discipline might not be the answer!

*Read here* to learn about an approach to intrinsic motivation for good behavior in school.

Tips

Build respite into your interactions with difficult children. Remember many of your child’s actions are based in fear. Remaining calm and positive will improve parenting strategies.

*Don’t forget to take care of yourself!* Find out more about *therapeutic parenting here.*

News

- The July *crowdfund campaign* is still going! View the video section to see impact we’ve made.

- Have you liked the Initiative’s *new Facebook page* yet? Use it to keep in touch with things going on in the trauma sensitivity world.

- Have you seen our *new webpage*? Let us know your thoughts, and please use it for a resource when introducing others to this program.

Find the Family Support & Treatment Center at our website, on Facebook or by calling (801) 229-1181.