

Utah Valley Trauma Sensitivity Initiative

July
2015
Listserv



**Family Support
& TREATMENT CENTER**
home of hope and healing

Crisis Respite Nursery
Therapy
Parenting Program
Prevention Education
Adoption Respite

Additional Resources

Teachers and Parents!

Take some time this summer to [read about how to help challenging kids](#).

Check out the [cookbook](#) on community resilience, and how areas across the U.S are combating the effects of trauma.

Don't forget that [everyday activities can be enhanced](#) to make a difference in your child's development! (age 0-5)

Video

See what a victim of childhood trauma thinks of this Initiative



Did you know?

Traditional discipline might not be the answer!

[Read here](#) to learn about an approach to intrinsic motivation for good behavior in school.

News

- The July [crowdfund campaign](#) is still going! View the video section to see impact we've made.

- Have you liked the Initiative's [new Facebook page](#) yet? Use it to keep in touch with things going on in the trauma sensitivity world.

- Have you seen our [new webpage](#)? Let us know your thoughts, and please use it for a resource when introducing others to this program.



Build respite into your interactions with difficult children. Remember many of your child's actions are based in fear. Remaining calm and positive will improve parenting strategies.

Don't forget to take care of yourself!

Find out more about [therapeutic parenting here](#).