

ADDITIONAL RESOURCES

Trauma-Sensitive School Manuals: (Free/Online)

Trauma and Learning Policy Initiative
- Helping Traumatized Children Learn, Vol. 1
- Creating and Advocating for Trauma-Sensitive Schools

Office of Superintendent of Public Instruction (Washington State)
The Heart of Teaching and Learning: Compassion, Resiliency and Academic Success

General Trauma Information:

Center for Disease Control and Prevention
- acestudy.org
- cdc.gov/violenceprevention/acestudy/

ChildTrauma Academy
childtrauma.org

Attachment and Trauma Network
attachmenttraumanetwork.org

Alberta Family Wellness Initiative
albertafamilywellness.org

University of Utah - Epigenetics
learn.genetics.utah.edu/content/epigenetics/

Community Resilience Cookbook
communityresiliencecookbook.org

Utah ACE Information:

National Survey of Children's Health
childhealthdata.org/browse/survey/results?q=2257&r=46&r2=1

Utah Department of Health - ACEs
health.utah.gov/oph/publications/hsu/11Jul_ACE.pdf

Utah Documents

Utah State Office of Education
- Least Restrictive Behavioral Interventions
- Restraint and Seclusion
<http://www.schools.utah.gov/sars/Behavior.aspx>

University of Utah - College of Law
From Fingerprint to Fingerprints: The School-to-Prison Pipeline in Utah

Programs/Products to Help with Students' Trauma/Stress in School:

Help For Billy
Book for teachers with traumatized students
help-for-billy.com

GreenTree Yoga (Utah)
Self-regulation techniques for the classroom
greentreeyoga.org

Resilience Trumps ACEs
Teaching kids about resilience strategies
resiliencetrumpsaces.org

Cognitive Behavioral Intervention for Trauma in Schools
Clinical intervention for students with PTSD
cbitsprogram.org

Support for Students Exposed to Trauma
Non-clinical intervention for students with PTSD (free)
ssetprogram.org

Mindful Schools
Self-regulation techniques for the classroom
mindfulschools.org

Executive Function Products:

- Executive Function and Child Development (*book*)
- Simon Says Pay Attention: Help for Children with ADHD (*practical guide*)
Daniel Yeager, LCSW, RPT-S
Marcie Yeager, LCSW, RPT-S

Smart but Scattered (*book*)
Peg Dawson, EdD
Richard Guare, PhD

Tools of the Mind
Early childhood program to enhance executive function
toolsofthemind.org

