Additional Resources
- Read this [case study for parents](#) to understand executive function in your kids.
- Check out this [toolkit for educators](#) who have students struggling with trauma.
- Look here for some [basic tips for mental health professionals](#) when working with traumatized children.

Educational Video
**The effects of childhood trauma**

Did you know?
In 2008, the dropout rate of students living in low-income families was about **4.5 times greater** than the rate of children from higher-income families. Learn more about how poverty affects children.

Tips
You can’t have a relationship without communication. Kids will trust you with the big stuff if they know you care about the little stuff, and how they know you care is that you ask.

If you struggle conversing with your kids on a daily basis, try these tips for asking them about their school day.

Upcoming Events
Parent Class Series:
- **March 17th:** Stress Sensitivity
  Learn how life stressors affect your kids.
- **March 24th:** Self Regulation
  Learn how your kids develop self-control.

Sign up for one or both classes. Call us to enroll!

6:00 - 8:00PM
1255 N 1200 W, Orem

Find the Family Support & Treatment Center at our website, on Facebook or by calling (801) 229-1181