

Utah Valley Trauma Sensitivity Initiative

March
2015
Listserv



[Crisis Respite Nursery](#)
[Parenting Program](#)
[Therapy](#)
[Prevention Education](#)
[Adoption Respite](#)

Additional Resources

- Read this [case study for parents](#) to understand executive function in your kids.
- Check out this [toolkit for educators](#) who have students struggling with trauma.
- Look here for some [basic tips for mental health professionals](#) when working with traumatized children.

Educational Video

The effects of childhood trauma



Did you know?

In 2008, the dropout rate of students living in low-income families was about **4.5 times greater** than the rate of children from higher-income families.

[Learn more about how poverty affects children.](#)



You can't have a relationship without communication. Kids will trust you with the big stuff if they know you care about the little stuff, and how they know you care is that you ask.

If you struggle conversing with your kids on a daily basis, [try these tips](#) for asking them about their school day.

Upcoming Events

Parent Class Series:

March 17th:

Stress Sensitivity

Learn how life stressors affect your kids.

March 24th:

Self Regulation

Learn how your kids develop self-control.

*Sign up for one or both classes.
Call us to enroll!*

6:00 - 8:00PM
1255 N 1200 W, Orem