

Utah Valley Trauma Sensitivity Initiative

May
2015
Listserv



**Family Support
& TREATMENT CENTER**
home of hope and healing

Crisis Respite Nursery
Therapy
Parenting Program
Prevention Education
Adoption Respite

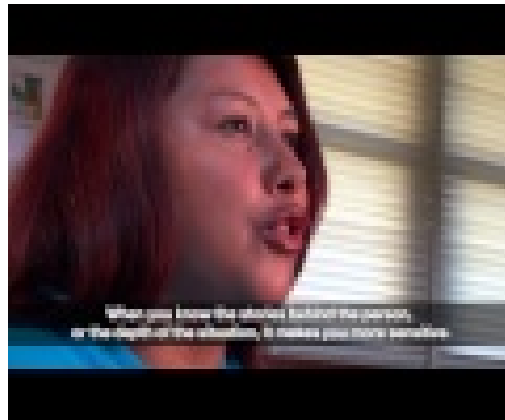
Additional Resources

What is Utah doing to take a stand against child abuse?

One with Courage is a campaign that can benefit educators, parents, clergy and ANYONE who knows a child.

Educational Video

See how one school became trauma-sensitive



Did you know?

Yoga is scientifically proven to help in overcoming trauma.

Click here to learn about local trauma-informed yoga, how it can help mental health professionals and heal compassion fatigue..

News

- On April 3rd the State Office of Education held an all-day conference on Supporting Student Resiliency to begin conversations about making trauma-sensitive schools happen in Utah.
- On May 6th Jim Sporleder, former principal of a flagship trauma-sensitive alternative high school, spoke to leaders of Utah education in Salt Lake City.

These were the first of a series of events that are being held this year to push for increased trauma-sensitive practices in Utah schools.

Stress Sensitivity Class

May 19th at 6pm-8pm
Call to enroll!



Do you ever feel like winning a power struggle wasn't worth the effort to get there?
It's tiring playing tug-of-war with your kids, so instead of trying to disempower them to get good behavior, read here to learn how to empower kids to correct themselves.