

# Utah Valley Trauma Sensitivity Initiative

June  
2016  
Listserv



**Family Support  
& TREATMENT CENTER**  
*home of hope and healing*

Crisis Respite Nursery  
Therapy  
Parenting Program  
Prevention Education  
Adoption Respite

TUES. JUNE 28- WED. JUNE 29

**2016 BEYOND  
PAPER  
TIGERS**

WALLA WALLA, WA

## Beyond Paper Tigers

A fast-paced information and strategies **CONFERENCE** for parents, educators, clinicians, mental health workers & law enforcement. Learn how to effectively use cutting-edge brain science to address the overwhelming effects of chronic stress and trauma in the development of children. BPT 2016 provides a community-based approach to this global concern.

[Registration Link](#)

## Trauma Informed Summer Reading List

1. Childhood Disrupted by Donna Jackson Nakasawa
2. Mindsight by Daniel J. Siegel
3. Waking The Tiger: Healing Trauma by Peter A. Levine
4. Beyond Consequences, Logic and Control by Heather Forbes and Bryan Post
5. Trauma Stewardship: An Everyday Guide to Caring for self While caring for Others by Laura van Dernoot Lipsky
6. The Boy Who Was Raised As A Dog by Bruce D. Perry
7. Executive Function and Child Development by Marcie and Daniel Yeager
8. For more resources

[CLICK HERE](#)

## Watch This And Be Inspired!



**A key element to the trauma-informed approach in schools is parent engagement. With support from the principal, teachers at Cherokee Point Elementary in San Diego, CA and community partners, parents are inspired to become leaders and advocates for their children.**

## FREE CLASS: *Parenting Children Through Stress and Adversity*

**WHAT:** Parent Class  
**DATE:** Tues. June 21st  
**TIME:** 6 to 7:30 pm  
**PLACE:** 1255 N. 1200 W, Orem  
Call 801.229.1181 to register

**“Poetry heals the wounds  
inflicted by reason.”**

**— Novalis**

