

## Donation List

We ask that all items are new or in excellent condition.

<p><b>Cleaning &amp; Household Supplies</b></p> <p>Please do not include toilet paper. We are fully stocked.</p>	<ul style="list-style-type: none"> <li>• <b>Vacuum</b></li> <li>• Multipurpose cleaner</li> <li>• <b>Disinfecting wipes</b></li> <li>• Disposable latex/vinyl gloves (small, medium, or large sizes)</li> <li>• Mop</li> <li>• <b>Liquid hand soap</b></li> <li>• <b>Paper towels</b></li> <li>• <b>Tissues (facial tissue)</b></li> <li>• <b>Gallon size freezer Ziploc bags</b></li> <li>• <b>Liquid dish soap</b></li> <li>• <b>Bleach</b></li> <li>• <b>Garbage bags (8 &amp; 13 gallon)</b></li> </ul>
<p><b>Food Items</b> (See flip side for food donation guidelines)</p>	<p>ITEMS MUST NOT BE EXPIRED.</p> <ul style="list-style-type: none"> <li>• <b>Baby food</b></li> <li>• Butter/margarine</li> <li>• Cheese (block, sliced, shredded, string)</li> <li>• <b>Fresh/frozen/canned fruits and vegetables</b></li> <li>• <b>Fresh/frozen/canned meats</b> (100% one meat/no combination meats)</li> <li>• Gluten free pastas and breads</li> <li>• <b>Kids' snacks</b> (crackers, pretzels, granola bars, fruit snacks, etc.)</li> <li>• <b>Whole grain or grain rich bread, tortillas, pasta/rice/grains</b> (1<sup>st</sup> ingredient is "whole wheat/grain")</li> </ul>
<p><b>Gift Cards</b></p>	<ul style="list-style-type: none"> <li>• <b>For home improvement, grocery and/or department stores</b></li> </ul>
<p><b>Nursery &amp; Play Therapy Supplies</b></p> <p>Please do not include stuffed animals, blankets, construction paper, or crayons. We are fully stocked on them.</p>	<ul style="list-style-type: none"> <li>• Craft supplies: rubber cement, feathers, fabric flowers, jewels, etc.</li> <li>• <b>Diapers sizes 4, 5 and 6</b></li> <li>• Ethnic dolls</li> <li>• Mini Flashlights</li> <li>• <b>New girls' underwear</b> (sizes 2T-10)</li> <li>• <b>New boys' underwear</b> (sizes 2T-5)</li> <li>• New toy rifles/toy guns/swords/light sabers</li> <li>• New boys and girls clothing (sizes 2T-4T and 8T-10T)</li> <li>• Blankets (Toddler size or bigger)</li> <li>• New dollhouse furniture</li> <li>• <b>Disposable paper plates</b> (dinner and small size) and cups</li> <li>• <b>Baby Wipes</b></li> </ul>
<p><b>Office Supplies</b></p>	<ul style="list-style-type: none"> <li>• Manila letter size file folders with fasteners 1/3 cut top tab</li> <li>• <b>New, heavy duty paper trimmer</b> (either guillotine or rotary trimmer)</li> <li>• Postage stamps</li> <li>• <b>Batteries</b> (AAA, AA, C, 9V)</li> <li>• Scotch Tape (in dispenser/refill)</li> <li>• <b>Sheet protectors</b></li> <li>• <b>White copy paper</b></li> <li>• <b>White out correction tape</b></li> <li>• <b>Post-it Notes</b></li> </ul>

Donations of items that we would normally have to purchase are especially appreciated. We are most in need of the **highlighted** and bold items listed. Our needs change from time to time, so if you would like to organize a donation drive, please call to coordinate.

Please know that while we sincerely appreciate all donated items, if you are able, **donating cash is the most effective way to give** to local nonprofits like us. It allows us the flexibility to direct those dollars exactly where it is needed the most—we can actually DO MORE with dollars. For ways to donate cash, visit the DONATE page at [www.UtahValleyFamilySupport.org](http://www.UtahValleyFamilySupport.org). Thanks for your help!!

## Food Donation Guidelines

Acceptable Donations
<b>FOOD MUST BE UNEXPIRED</b>
Any whole foods
Baby food/formula*
Bread/Tortillas
Butter/Margarine
Crackers/Pretzels/Fruit Snacks
Cheese
Fresh/frozen/canned fruits and vegetables
Fresh/frozen/canned meats that are 100% one meat (no fillers, no mixed meat products)
Gluten free pastas and breads
Milk (ONLY 1% and Whole)
Pastas
Yogurt

Unacceptable Donations
ANY EXPIRED FOOD
Dessert grains (donuts, pastries, etc.)
Meat products that are not 100% one meat (e.g. no hot dogs or sausage unless they are 100% beef or 100% pork)
Milk (Skim, 2%)
Processed foods without <u>children's</u> nutrition label

\*Please no large quantities of baby formula.